

THE REVOLUTION CONTINUES



RevoLix™ - why?

Revolix is the only laser specifically developed for soft tissue surgery. The Revolix laser wavelength is 2 micron. This wavelength is similar to Holmium but the emission is continuous instead of pulsed. Revolix unifies the advantages of formerly existing surgical laser principles in a single unit:

- Revolix laser beam is delivered by flexible laser fibres. Incision and ablation of tissue is similar to CO2 laser technology. This is ideal for endoscopic, laparoscopic, open and minimally invasive surgery.
- Revolix excellent haemostasis is proven for the treatment of high risk BPH patients under anticoagulant medication [9].
- Revolix provides the highest tissue vaporisation rate published. Unlike green lasers there is no decrease in vaporization efficiency since the absorbing chromophore is water [10]. Revolix tissue effect is shallow. Incisions are smooth and clean.

Revolix - what are the advantages?

Cutting efficiency of soft tissue and haemostasis is superior to any known alternative. Saline or water is used for irrigation reducing the risk of TUR Syndrom [2].

Excess laser radiation is absorbed by the irrigation and does not affect tissue more than 3 mm from the tip of the fibre. Tissue damage is limited to 0.2 to 1.5 mm depending on laser power.

Visualization is excellent. Neither bleeding nor visible laser glare affects the vision of the surgical site. Colour neutral laser safety glasses maintain true colours. Endoscope lenses remain free from splatter when used in laparoscopic surgery.

Revolix - what are the benefits?

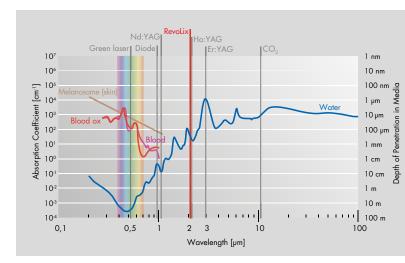
- No blood loss, no transfusions
- Quick recovery
- Short hospital stay
- Less postoperative care
- Short catheterisation time in BPH treatment
- Precise surgery
- No deep tissue penetration
- Safe operation
- Excellent haemostasis
- Treatment of patients under anticoagulant
- Ejaculation protective BPH surgery
- Multi-disciplinary

RevoLix™ - why 2 micron continuous wave?

The **Revolix** wavelength at 2.0 micron is excellent for incision and ablation. It is safe in an aqueous irrigation and it provides superior haemostasis. The effect of the laser on tissue is independent of tissue vascularisation.

These outstanding properties are due to the efficient absorption at the **Revolix** wavelength of 2.0 micron by the water molecule which is ubiquitous in any tissue.

Strong absorption and continuous wave emission provides precise cutting and vaporization of soft tissue with excellent haemostasis. There is no deep penetration or uncontrolled necrosis. Clean cuts and excellent haemostasis are achieved by moving the fibre across the surgical site.



Absorbtion spectra of body chromophores

This graph shows the absorption of the most important body chromophores (RED for blood, BLUE for water, BROWN for melanin) at different wavelengths. Depth of penetration is shown at the right. Laser wavelengths are shown as vertical lines.

Green laser: In the absence of haemoglobin the Green laser at 532 nm experiences close to no absorption in tissue because at this wavelength water as the main body constituent is almost transparent. Under laser treatment haemoglobin bleaches due to the temperature increase in tissue caused by the laser. This explains the ever decreasing ablation efficiency during a Green laser treatment.

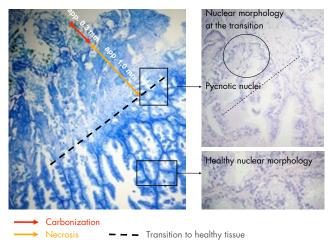
Diode laser: At Diode laser wavelength neither water nor haemoglobin is a good absorber. This explains the deep penetration of diode lasers and the Nd:YAG laser.

Revolix and Holmium laser: Both lasers are of similar wavelength which is selectively absorbed by the water molecule. The optical penetration of **Revolix** in tissue is app. ½ mm [13].

Unlike than haemoglobin water retains its absorptive properties under the temperature increase in tissue caused by any laser. This explains the everlasting tissue effect during **Revolix** treatment.

Revolix - why is it safe?

In an aqueous irrigation the laser effect to tissue is restricted to less than 3 mm in front of the tip of the fibre. Any tissue further afield is shielded by the irrigant. The same mechanism is protecting tissue and organs adjacent to the cut. Any tissue more than 3 mm distant is unaffected by the **Revolix** laser. Unlike to Green lasers this property eliminates the risk of unintentional tissue damage during laser surgery.



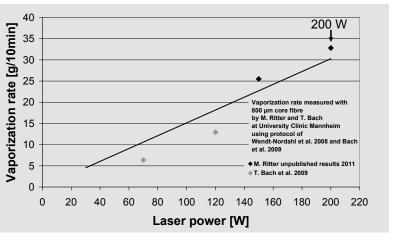
Histology of excised prostatic tissue after vaporization with Revolix 200 watt laser

The Revolix laser family Revolix 70 - Revolix 120 - Revolix 200

After its clinical introduction in 2003 the **Revolix** laser experienced continuous development. The initial 70 watt model for basic surgery was upgraded to 120 watt which is ideal for the enucleation of prostate.

The added value of the **Revolix 200** is the increased tissue vaporization rate to more than 3 grams per minute. This value was determined in a blood-perfused porcine kidney model [11]. In BPH surgery tissue vaporization eliminates the necessity for mechanical tissue morcellation.

Penetration and tissue damage is almost independent of power and is the same for all **Revolix** lasers.



Vaporization rate vs laser power at 2 micron

Revolix - BPH protocols and learning curve

Revolix offers a variety of BPH options [8]:

- ♥ Vaporization
- ∇aporesection
 ✓ Vaporesection
 ✓ Vaporesection
- Enucleation

Your learning curve benefits from the range of these protocols. The beginner will do vaporization and later will progress cutting chips which increase in size and finally ending up in enucleation – all with the same instrument.

Throughout the learning curve there is no additional surgical risk. For the **Revolix** novice only the OR time is longer [12].

Tissue samples are produced for subsequent histological examination during Vaporesection and Enucleation. **Revolix** for BPH surgery is efficient and safe [6].

Revolix – suitable for large glands and how long does surgery take?

For **Revolix** there is no limitation in prostate size. Gland volumes of up to 200 ml (TRUS) are reported. Approximately 1.5 grams per minute of tissue are enucleated.

Revolix DUO - one box for BPH and stones

Revolix DUO is the first universal laser in urology for lithotripsy, BPH, open and laparoscopic surgery. This versatility is achieved by combining a pulsed Holmium laser and a 2 micron continuous wave laser in a single box. Lithotripsy in the lower, medial and upper tract with rigid and flexible instruments is accomplished by the integrated Holmium Laser. Stones are fragmented irrespective of the chemical composition. Highly flexible laser fibres are most suitable for URS of the lower calix with flexible instruments.

Both laser units of the **Revolix DUO** are available from the same fibre port. This feature allows using the same laser fibre for soft tissue surgery and for lithotripsy.

How do Revolix lasers match with your theatre?

Revolix is extremely user friendly. In the theatre the **Revolix** laser operates quietly and large castors allow for easy movement between rooms. **Revolix** lasers operate from a standard power outlet. No special installation is required. The laser has proven its extreme sturdiness during routine transportation between theatres and use by mobile healthcare services.

Family of Kix footswitches

To activate the laser device two footswitches are available. The footswitch Kix has a single pedal. The double pedal **Kix DUO** footswitch makes 2 selectable power settings available at the tip of your toe. This optional feature allows switching between power settings for cutting and coagulation or between different settings for slow and fast cutting speeds.



Revolix - delivery systems perfected

LISA offers a wide range of specialised delivery systems. Reusable front firing fibres are stripped and cleaved in preparation for the next case. Disposable fibres are used in theatre situations where reuse is not allowed. Please refer to the LISA Medical Laser Accessories brochure for laser applicators and reconditioning tools and to the Medical Laser Fibres brochure for various front and side firing fibres.

Revolix - applications and publications

The **Revolix** laser system has demonstrated its superiority in surgical disciplines such as urology, neurosurgery*, ENT, gynaecology, bronchoscopy and spinal surgery. More than 100 articles are published about surgical applications with LISA **Revolix** lasers.



Kix footswitch

Literature on Revolix lasers:

- 1) Cui D., Sun F., Zhuo J., Sun X., Han B., Zhao F., Jing Y., Lu J., Xia S.; "A randomized trial comparing thulium laser resection to standard transurethral resection of the prostate for symptomatic benign prostatic hyperplasia: four-year follow-up results"; World J Urol (2014) 32; 683-689
- 2) Xia S.J., Zhuo J., Sun X.W., Han B.M., Shao Y., Zhang Y.N.; "Thulium Lasers versus Standard Transurethral Resection of the Prostate: A Randomized Prospective Trial"; Eur Urol (2008) Jan. 53; 382-390
- 3) Wei H., Shao Y. Sun F., Sun X., Zhuo J., Zhao F., Han. B., Jiang J., Chen H., Xia S.; "Thulium laser resection versus plasmakinetic resection of prostates larger than 80 ml"; World J Urol (2014) 32; 1077-85
- 4) Yang Z., Wang X., Liu T.; "Thulium Laser Enucleation Versus Plasmakinetic Resection of the Prostate: A randomized Prospective Trial With 18 Month Follow-up"; Urol. (2013) 82 (2); 396-401
- 5) Zhang F., Shao Q., Herrmann T.R.W., Tian Y., Zhang Y.; "Thulium Laser Versus Holmium Laser Transurethral Enucleation of the Prostate: 18-Month Follow-up Data of a Single Center"; Urol (2012) 79 (4); 869-874
- 6) Herrmann T.R.W., Liatsikos E., Nagele U., Traxer O., Merseburger A.S., "EAU Guidelines on Laser Technologies"; Eur Urol (2012) 61 783–795
- 7) S2e Leitlinie "Therapie des Benignen Prostatasyndroms (BPS)", 2014, DGU, AK BPS
- 8) Bach T., Xia S.J., Yang Y., Mattioli S., Watson G.M.; Gross A.J., Herrmann T.R.W.; "Thulium:YAG 2 micron cw laser prostatectomy: where do we stand?"; World J Urol (2010) Mar 5 (Epub ahead of print)
- 9) Hauser S., Rogenhofer S., Ellinger J., Strunk T., Müller S.C., Fechner G., "Thulium Laser (RevoLix) Vapoenucleation of the Prostate is a Safe Procedure in Patients with an Increased Risk of Hemorrhage"; Urol Int (2012) 88; 390-394
- 10) Bach T., Huck N., Wezel F., Häcker A., Gross A.J., Michel M.; "70 vs 120 W thulium:yttrium-aluminium-garnet 2 µm continuous-wave laser for the treatment of benign prostatic hyperplasia: a systematic ex-vivo evaluation"; BJU Int. (2009) Nov. 13 (Epub ahead of print)]
- 11) Wendt-Nordahl G., Huckele S., Honeck P., Alken P., Knoll T., Michel M., Häcker A., "Systematic Evaluation of a Recently Introduced 2-Micron Continuous Wave Thulium Laser for Vaporesection of the Prostate"; J of Endourol (2008) May 22 (5); 1041-1045
- 12) Netsch C., Bach T., Herrmann T.R.W., Neubauer O., Gross A.J., "Evaluation of the learning curve for Thulium VapoEnucleation of the prostate (ThuVEP) using a mentor-based approach"; World J Urol, published online 24 June 2012
- 13) Teichmann H.-O., Herrmann T.R.W., Bach T.; "Technical Aspects of Lasers in Urology"; World J Urol, (2007), Jun 25 (3); 221-225

Revolix - what are the applications?

The **Revolix** laser system has demonstrated its superiority in surgical disciplines such as Urology, Neurosurgery*, Gynaecology, Pneumology, Spine Surgery and ENT. In Urology Revolix gains much attention for its superior performance in vaporisation and resection of the prostatic adenoma (BPH), outpatient treatment of reoccurring renal and bladder tumours, opening of strictures, incisions and tissue preserving excisions.

Urology

VapoResection of prostate (ThuVaRP) Vaporisation of Prostate (ThuVAP) VapoEnucleation of prostate (ThuVEP) Enucleation of prostate (ThuLEP) Bladder neck incision Opening of strictures Vaporisation and excision of bladder tumours Partial nephrectomy Laparoscopy







Lithotripsy

Gynaecology

Excision of polyps Endometriosis Hysterectomy Adhesiolysis Conisation Condylomata Myomectomy

Neurosurgery** Fenestration of cysts Ventriculocysternosomy Catheter recovery

3rd ventriculostomy

Tumour resection Haemostasis







Adhesiolysis







Excision of tumours Tonsillectomy Conchotomy



Pneumology

Bronchoscopy Airway recanalization Desobstruction Tissue coagulation







Technical Specifications





		/O Watt Laser	120 Watt Laser	200 Watt Laser
1	lissue laser system	continuous wave DPSS laser		
1	Wavelength	2013 nm		
F	Power at fibre tip	5 to 70 W (adjustable)	5 to 120 W (adjustable)	5 to 200 W (adjustable)
E	Emission mode	continuous wave, chopped 50ms - 1000ms		
E	Beam delivery	wide range of flexible silica fibres		
F	Fibre identification	optical		
/	Aiming beam	635 nm (red) or 532 nm (green), max. 1 mW (adjustable) regular, 3R		
I	Mains supply	208 - 240 V AC, 50/60 Hz, (1~, N, PE), max. 16 A		
(Cooling system	integrated cooling		
	Dimensions	H 1025 x W 420 x L 1007 mm (height w/o display)		
1	Weight	150 kg		
	Environmental conditions	15 - 28 °C / 10 - 90 % hum	idity (non-condensina)	

Technical Specifications



	Revolix pur
	22222
Lix Duo	#
Watt-Laser*	-

•	120/20-Watt-Laser	150/20-Watt-Laser*	0
Tissue laser system	continuous wave DPSS laser		
Wavelength	2013 nm		
Power at fibre tip	5 - 120 W (adjustable)	5 - 150 W (adjustable)	
Emission mode	continuous wave, chopped 50 ms - 1000 ms		
Stone laser system	pulsed Holmium-YAG laser		
Wavelength	2123 nm		
Power at fibre tip	2.5 - 20 W (adjustable)		
Pulse energy	0.5 - 2.6 J		
Frequency	5 - 15 Hz		
Pulse peak power	7 kW		
Beam delivery	wide range of flexible silica fibres		
	same fibre port for both lasers		
Fibre identification	optical		
Aiming beam	635 nm (red) or 532 nm (green), max. 1 mW (adjustable) regular, 3R		
Mains supply	208 - 240 V AC, 50/60 Hz, (1~, N, PE), max. 16 A		
Cooling system	integrated cooling		

15 - 28 °C / 10 - 90 % humidity (non-condensing) **Environmental conditions**

Safety Standards: IEC 60601 *CE approval pending

Dimensions Weight

U.S. federal law restricts this device to sale by or on the order of a phy-

Specifications are subject to change without notice.

Made in Germany 2016-06 Brochure Part No. 036 002 100

IMPORTANT NOTICE:

The information provided is a general overview of potential clinical applications of the described products.

H 1025 x W 420 x L 1007 mm (height w/o display)

National health care regulations vary between countries and may exclude certain clinical applications at your location. The user assumes responsibility to be updated about national deviations from the applications listed above.

**In the USA the products are not intended for use in clinical applications in neurosurgery.



DIODE LASER: \(\lambda\) = 532 nm / P_a = 5 mW / cw



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LISA LASER PRODUCTS COMPETENCE IN SURGICAL LASER

